

Curriculum vitae



Helena Lamers
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Born Lubbeek 16.07.1978
Belgian nationality

Education

Elementary school: Rudolf Steiner School in Wilrijk

Secondary school: Yr 1-2 General High School, emphasis on sports,
Koninklijk Atheneum Keerbergen

Yr 3: Rudolf Steiner School in Leuven

Yr 4: STW Sancta Maria in Leuven

1995-1996: Dramatic Arts at the Kleine Academie in Brussels

November 2000: Degree in practical business management (CMO-
Leuven)

Career

1992-1995 Student job as a shop girl at “De Grote Beer” (organic food),
Antwerp

1995-1996 Student job as a shop girl at UNIC, Haacht

1997-1998 Voluntary work at the Soup Kitchen, New York (USA)

1995-2000 Various - and varied - jobs in restaurants and café's (Lange
trappen, Rodins, New Mexico, Thermae saunacomplex) and a number of
appearances on television and onstage

1995-2000 Work as a temp for Interlabor-Randstad (Habitat Antwerpen,
Vleminckx sauzen Leuven, Anthonissen Antwerpen, Etam Lingerie
Wijnegem,...)

1998-2000 Production assistent for TV-shows: “Boxy’s Pottekijker”,
“Duizend seconden” with Web Productions Brussel

2000-2002 Shop Manager “Etam Lingerie” Leuven

2002 Sales assistant "Deco Gift Store" Leuven (Randstad)
August-September-October 2002 travelling in Canada (project: study of a multicultural society and driving along the Trans Canadian Highway {8000km})

Strong Points

Clever organizer
Creative, methodical problem solver
Logical thinker
Good people skills
Lots of patience, strong memory
Polished speech

Practical Skills

Very efficient on the phone
Computer literate: Word, Excel, Photoshop, ...
Has a valid driver's license and is an excellent driver

Language Skills

Speaks very good Dutch and English
Speaks good French